





EMPOWAMEN

#IamEmpowaMen

PROGRAMME

FOR PARTNERSHIP & EVENT INFORMATION:

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www.empowamen.co.za

SUPPORTED BY



social development

Department:
Social Development
REPUBLIC OF SOUTH AFRICA



SABC



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WELCOME

WELCOME TO THE EMPOWAMEN ANNUAL SUMMIT 2024!

Since its inception in 2019, Empowamen has evolved into a **vital platform where men come together to address the challenges of contemporary life** – from societal stereotypes to the pressures of perfection. From humble backyard discussions to our inaugural Summit in 2019, and the resilience shown during online dialogues amid the 2020 lockdown, to the remarkable turnout of over 2,000 attendees at our 2023 Annual Summit, **our journey has been one of growth and impact.**

Our quarterly Whiskey & Cigar series, with 100 invited C-Suite leaders that can impact resources, policy and more, also kicked off in March, further expanding our platform.

In a world where men often face unfair generalisations and the stigma of "toxic masculinity," **we are driven to challenge these assumptions.** Is this portrayal accurate, and if so, how can we foster genuine, positive change in both perception and action? The solution lies in fostering open, far-reaching conversations. Through relentless dialogue, we can dismantle stereotypes and pave the way for men to embrace a more holistic masculinity, one that meets the demands of the 21st century and fosters a truly egalitarian society.

At Empowamen, we recognise that societal issues are deeply ingrained. That's why our discussions tackle a multitude of social challenges from various life perspectives.

OUR PURPOSE IS CLEAR:

- To **shift the narrative** from blame to collaboration, inviting men to actively contribute to sustainable solutions in promoting equality.
- To **equip men** to transcend stereotypes and embrace their fullest potential, free from the constraints of the status quo.
- To ignite a passion within men to **champion noble causes** and fearlessly embrace the multifaceted essence of manhood.
- This year's program delves deep into the pressing issues facing men today. We're committed to progress and positive change.

We understand that opening up can be challenging, but rest assured, this is a safe space for you to be vulnerable and hold yourselves **accountable.**

Together, we'll forge **strong bonds of brotherhood.** By openly discussing challenges, we can confront them head-on. We prioritise mental well-being, with **counsellors available**, through the **Department of Social Development**, throughout the summit for those who need support.

We extend our **deepest gratitude to our partners** whose support has made this year's Summit possible – the Department of Social Development, Nedbank, SABC, Mail & Guardian, IGospel, and YouthStart Foundation.

I'd like to express my **heartfelt appreciation to the tireless efforts of our dedicated team members** – Kirsten Alexander, Jessey Matlou, Joshua Mtanyelwa, and, of course, co-founder Sechaba Motsioela, to name just a few of team members from Empowaworx. Your commitment has brought this Summit to life.

This is your opportunity to **redefine modern masculinity.** Let's support each other on our journeys to become fulfilled individuals who embrace the evolving roles of men in society. Together, let's make a difference!

If you would like to partner with Empowamen into the future, please reach out to Kirsten Alexander | kirsten@empowaworx.co.za



Yours in modern masculinity,

Simphiwe Masiza
Co-Founder & Executive Producer

PROGRAMME

PROGRAMME ITEM	TIME	SPEAKER NAME	DESIGNATION	ORGANISATION
Facilitator		Sechaba Motsieloa	Co-founder	EmpowaMen
Program Director		Milton Nkosi	Former BBC News Africa Bureaux Chief & Correspondent	The Speaker's Firm
MAIN STAGE				
Poetry Item	08:15 - 08:20	Zewande Bhengu	Poet	
Welcome Address	08:20 - 08:30	Simphiwe Masiza	Co-founder	EmpowaMen
Opening Address	08:30 - 08:45	Mr Buti Kulwane	Deputy Director: Victim Empowerment and Prevention of Gender Based Violence:	National Department of Social Development
Keynote Address	08:45 - 09:15	Mosa Sono	Bishop	Grace Bible Church
Panel Discussion Gender Based Violence	09:15 - 10:15	Facilitator: Sechaba Motsieloa		
		Mr Siyabulela Jentile	Founder and President	Not in my name international
		Dumisani Rebombo	Provincial Manager - Community Education	Sonke Gender Justice
		Tebogo Edward Lerole	Chairman	Act Now
Masterclass Financial Abuse	10:15-10:45	Dr Frank Magwegwe	Executive for Financial Wellness & Advisory	Nedbank
Masterclass Fatherhood	10:45 - 11:30	Thabo 'T-Bose' Mokwele	Author, Director	TBose Productions
TEA BREAK	11:15 - 11:30			
Opening Panel Remarks Future of a Boy Child	11:30 - 11:40	Refiloe Mahale	General Manager	YouthStart Foundation
Panel Discussion Future of a Boy Child	11:40 - 12:30	Facilitator: Pastor Joshua	Co-founder	EmpowaMen
		Nyimpini Mabunda	Author & Chairman	Schindler Lifts South Africa
		Loyiso MacDonald	Actor & Voice Over Artist	
		Chaplain General Ernest Thabo Masweu		South African National Defence Force
Keynote Address	12:30 - 12:45	Hon Ms Lindiwe Zulu	Minister	National Department of Social Development
Musical Item	12:45 - 13:00	Amadodana Asewesile		

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Themed Conversations	13:30 - 16:15			
Health Depression and Mental Health	13:30 - 14:45	Hakeem Anderson-Lesolang	Transformational Therapy Specialist	FOLA Wellness & Healing
		Facilitator: Paul Nzimande	Life Coach	
		Kgaugelo Habyane	Director	Manned up Foundation
Health Sexual Health: Consent	13:30 - 14:45	Facilitator: Linda Yende	Author & Public Speaker	
		Phinah Kodisang	CEO & Executive Board Member	Soul City Institute
		Lt Col Jika Zukile	Lt Colonel	SAPS Diepsloot
Health Substance Abuse	13:30 - 14:45	Michael Benevolent Masina	Senior Intervention specialist	Tears Foundation
		Abner Mariri	Author & Motivational Speaker	
Conversation The Wounds That Men Carry	13:30 - 14:45			
		Craig Wilkinson	Founder & CEO	Father a Nation
GBV Man Abuse	13:30 - 14:45	Sechaba Motsieloa	Co-founder	EmpowaMen
		Mr Velenkosini Nsibande	Social Worker Supervisor - Gender Based Violence Command Centre	National Department of Social Development
		Martin Pelders	Founder	MatrixMen Africa
		Dr Gugulethu Xaba	Director Student Governance and Leadership	Tshwane University Of Technology
		Journalist, Writer, Cultural Critic, Public Servant		
		Sandile Memela		When Tigers Cry
How Spirituality Impacts You	13:30 - 14:45	Facilitator: Naye Lupondwana	award-winning broadcast journalist	SA FM
		Dr Steven Malakeng	Bishop	Kingdom Dimensions ministries
		Anele Siswana	Clinical Psychologist; African Spiritual Healer	
		Dr Tim Grage	Pastor	City of Zion

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SECOND SESSIONS				
Dialogue Society Inclusivity - addressing attitudes to the LGBT+ Community	15:00 - 16:15	Lesego Mohlala	Senior Mentor	Access Chapter 2
Masterclass Sexual Health	15:00 - 16:15	Professor Shingai Mutambirwa	Head of Department of Urology	Sefako Makgatho Health Sciences University (SMU)
Fatherhood Dad Rights	15:00 - 16:15	Mr Sthembiso Phakathi	Founder & Executive Producer	Single Dads Network
Family Divorce: Navigating the complexities of Divorce	15:00 - 16:15	Facilitator: Tshepo Maseko	TV Host	One Gospel
		Leslie Sedibe	CEO	Leslie Sedibe Inc. Attorneys
		Thabo Motloung	Lawyer and Business leader	
		Dr David Molapo	CEO & Founder	I Can Leadership Institute Africa; I CAN 4IR
Family What constitutes a family	15:00 - 16:15	Facilitator: Kirsten	Lead Strategist	Empowaworx
		Felix Hlophe	Comedian; Radio Jock; Business Man	Gagasi FM
		Sicelo Zwane	Chairman	Stratosphere Group
		Gogo Skotheni	Artist, Reality TV Star and DJ	
Dialogue Family The Changing role of men in society - a man's place today	15:00 - 16:15	Mr Buti Kulwane	Deputy Director: Victim Empowerment and Prevention of Gender Based Violence:	National Department of Social Development
		Dr Daniel Mokwena	Relationship Guru	
Family Your roots and how they impact you	15:00 - 16:15	Facilitator: Sechaba Motsieloa	Co-founder	EmpowaMen
		Joshua Mapanga	Author	
		Apostle Kabelo Moroke	Overseer of Kairos Relationships of Churches	
Closing Address	16:15 - 16:45	TBC		
Sum Up	16:45 - 17:00	Milton Nkosi	Former BBC Correspondent	The Speaker's Firm

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