

THEME:
zero
♂
MALE SUICIDE

Creating a positive impact on men is essential—not only to empower them as true allies to women but also to foster a healthier response to today's challenges. This is fundamental to building a sustainable, truly equitable future.

However, without committed partners, our mission is at risk. We may not be able to host another EmpowaMen Summit unless we secure the financial support needed to sustain this

vital work. If you're interested in partnering with us and joining this crucial journey, please reach out to Kirsten Alexander.

We also offer bespoke programmes tailored to your company's needs—whether focused on Diversity and Inclusivity or on specific issues faced by men across all levels of your organisation. From leadership to the shop floor, our programmes create impactful, lasting change.



EMPOWAMEN
Redefining Modern Masculinity

INTERNATIONAL MEN'S DAY SUMMIT'24

SATURDAY 16 NOVEMBER 2024

PROGRAMME

SUPPORTED BY



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To Partner with us, please contact
Kirsten Alexander | Kirsten@empowaworx.co.za

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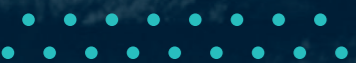




SIMPHIWE MASIZA
FOUNDER & EXECUTIVE PRODUCER,
EMPOWAMEN

Welcome to the Empowamen International Men's Day Summit—a space created to dig deep into what it truly means to be a man in today's world. With so many labels and stereotypes being thrown around—like “toxic masculinity” and “men are trash”—it's time we step back, take a closer look, and ask: is this really fair, and how can we do better? This summit isn't about blame or finger-pointing; it's about facing realities, challenging outdated ideas, and building a version of masculinity that fits the demands and opportunities of the 21st century.

Here, we'll be tackling the topics that matter most: fatherhood, relationships, mental health, and the strength in embracing vulnerability. By opening up these conversations, we're not just changing perspectives; we're empowering you to become genuine allies—to each other and to those in your lives. Beyond the summit, we offer flexible, tailored programmes that bring these valuable insights into your workplace or community. Together, let's redefine what it means to be a strong, supportive, and modern man.



EMPOWAMEN
Redefining Modern Masculinity

INTERNATIONAL MEN'S DAY SUMMIT '24

08:00 - 08:10
COMEDY
Summary, Managing Director & Artist - Summarytainment

08:10 - 08:15
SHOWCASE
Paul Nzimande, Life Coach

08:15 - 08:20
SPONSOR ADDRESS
Bongumusa Makhathini, CEO - Primedia Outdoor

08:20 - 08:30
EMPOWAWORX OVERVIEW
Kirsten Alexander

08:30 - 09:00
OPENING ADDRESS
Dr John Kani, Veteran Actor

09:15 - 10:15
PANEL DISCUSSION | GBV
Facilitator: Lerato Makhetha, TV Presenter - One Gospel Mbuyiselo Botha, Founder - Men's forum
Tebogo Edward Lerole, Chairman - Act Now
Craig Wilkinson, CEO - Father A Nation

10:15-10:30
#NOEXCUSE CHAMPIONS PLEDGE
Craig Wilkinson, CEO - Father A Nation.

10:30-11:30
PANEL DISCUSSION | THE COMPLEXITIES OF DIVORCE
Facilitator: Milton Nkosi, Former BBC News Africa Bureau Chief & Correspondent | Thabo Motloung, Pupil Advocate and Business Leader - TNT Group | Dr David Molapo, CEO & Founder - CAN Leadership Institute Africa; I CAN 4IR | Leslie Sedibe, CEO - Leslie Sedibe Inc. Attorneys

11:30-12:30
PANEL DISCUSSION | DEPRESSION & MENTAL HEALTH
Facilitator: Paul Nzimande, Life Coach
Nigel Jeché, Chairperson - World Changers Mental Health Care Organization
Jabu Zwane, Founder & Mindset Specialist - Mindset Development Institute

12:30-13:30
PANEL DISCUSSION | FUTURE OF THE BOY CHILD
Facilitator: Kabelo Chabalala, Snr PR Specialist, content writer, Author
DJ Sabby, Radio Personality - Metro FM
Quinton Masina (Naked DJ), Radio Personality - Metro FM

13:30-14:00
LUNCH BREAK

CLOSING ADDRESS
Simphiwe Masiza

THEMED CONVERSATIONS & MASTERCLASSES

14:30-15:30

CONVERSATION: HEALTH | ADDICTION
Facilitator: Milton Nkosi, Former BBC News Africa Bureau Chief & Correspondent | Abner Mariri, Author & Motivational Speaker | Dr Pepe Marais, Co-founder & Group Chief Creative Office

HOW SPIRITUALITY IMPACTS YOU AS A MAN
Facilitator: Nimrod Nkosi, Actor/TV Presenter/Youth Activist | Mr Mbuso Khoza, Artist, Composer, & Academic | Apostle Kabelo Moroke, Overseer of Kairos Relationships of Churches

CONVERSATION: A MAN'S PLACE TODAY
Facilitator: Sechaba Motsieloa, Co-founder | Empowamen | Tol Ass Mo, Media Personality

THE IMPACT OF FATHERLESSNESS
Reverend Seth Naicker, Associate - Heartlines: Fathers Matter

CONVERSATION: MAN ABUSE
Facilitator: Joshua Mtangelwa, Spokesperson, Empowamen | Dr Gugulethu Xaba, Director Student Governance and Leadership - Tshwane University Of Technology | Sir Montle

TOOLS TO REDUCE FINANCIAL STRESS
Modise Motloba, GCEO - Tsys Capital Group

15:30-16:30

SEXUAL HEALTH
Professor Shingai Mutambirwa, Head of Department of Urology - Sefako Makgatho Health Sciences University (SMU)

WEALTH PLANNING, BUILDING A LEGACY
Israel Noko, Founder - NPI Consulting

DAD RIGHTS
Tumisho Masha, Veteran Actor

DOES YOUR NET WORTH IMPACT YOUR SELF-WORTH
Billy selekane, Internationally Acclaimed Inspirational Keynote Speaker - Global Speaker's Academy

NAVIGATING TECH AS A FATHER
Dr. Mzamo Masito, Chief Opportunity Officer and Founder - African Men Care NPC

MASTERCLASS: MAN & THE FUTURE
Sicelo Zwane, Chairman - Stratosphere Group

THE ROLE OF MEDIA IN MEN
Tebogo "Proverb" Thekiso, Radio Personality - Metro FM

NAVIGATING GRIEF & LOSS
Zenzele Shabalala, Entrepreneur



Empowaworx has been creating transformative, impactful events for over 10 years. Empowaworx has a number of platforms that cover the entire eco-system – empowering women, men, entrepreneurs and youth. We are focussed on creating positive impact in South Africa, giving those that need it platforms to grow and be empowered.



For over 5 years, we've been activating industry-focussed summits for women leaders – we've impacted over 5,000 women. EmpowaWomen is a formidable platform that ensures a transformative journey that ignites passion, fosters growth, and drives change
www.empowawomen.co.za



An inclusive platform that encourages every individual identifying as male to become proactive change agents within their homes, workplaces, and communities.
www.empowamen.co.za



Meeting entrepreneurs where they are along their journey – Ideation, Start-up, Sustain or Expansion. Our programmes include Business Skills Training, Funding, Mentorship, and Incubation
www.empowaentrepreneurs.co.za



Over 50,000 youth inspired and impacted with more than 5,000 jobs, 3,500 training & bursaries, and over 500 entrepreneurs funded.
www.empowayouth.co.za



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